

## **Bullying Prevention – Parent Resource List**

### **Online Resources**

Bullying: Beyond Sticks and Stones (WQED Multimedia, OnQ coverage)

[www.wqed.org/tv/onq/specials/bullying.php](http://www.wqed.org/tv/onq/specials/bullying.php)

Bullying Prevention Institute (funded by Highmark Healthy High 5)

[www.bullyingpreventioninstitute.org](http://www.bullyingpreventioninstitute.org)

Center for Safe Schools

[www.safeschools.info](http://www.safeschools.info)

Kids Against Bullying

[www.pacer.org](http://www.pacer.org)

National Bullying Prevention Campaign

[www.stopbullyingnow.hrsa.gov](http://www.stopbullyingnow.hrsa.gov)

Olweus Bullying Prevention Program

[www.olweus.org](http://www.olweus.org)

“Stop Bullying...Take a Stand!” (from “In the Mix,” an Emmy award-winning teen series on PBS)

[www.pbs.org/inthemix/bullying](http://www.pbs.org/inthemix/bullying)

### **Printed Resources**

*And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harassment and Emotional Violence*

by James Garbarino and Ellen deLara

*Beyond Sticks & Stones: How to Help Your Child with a Disability Deal with Bullying*

A PACER Center Publication

*Building Moral Intelligence: The Seven Essential Virtues that Teach Kids to Do the Right Thing*

by Michele Borba

*Bullies & Victims: Helping Your Children Through the Schoolyard Battlefield*

by SuEllen Fried & Paula Fried

*Bullies, Targets and Witnesses: Helping Children Break the Pain Chain*

by SuEllen Fried

*The Bully, the Bullied, and the Bystander: From Preschool to High School—How Parents and Teachers Can Help Break the Cycle of Violence*

by B. Coloroso

*Cyber Bullying: Bullying in the Digital Age*

by Robin M. Kowalski, Ph.D., Susan P. Limber, Ph.D. and Patricia W. Agatston, Ph.D.

*Girl Wars: 12 Strategies That Will End Female Bullying*

by Cheryl Dellasega and Charisse Nixon

*Lost Boys: Why Our Sons Turn Violent and How We Can Save Them*  
by James Garbarino

*Odd Girl Out: The Hidden Culture of Aggression in Girls*  
by Rachel Simmons

*Odd Girl Speaks Out: Girls Write About Bullies, Cliques, Popularity, and Jealousy*  
by Rachel Simmons

*Say Something*  
by Peggy Moss

*See Jane Hit: Why Girls Are Growing More Violent and What We Can Do About It*  
by James Garbarino

*Waging Peace*  
by Michael R. Carpenter, Ph.D.